

Principles of the u3a

The u3a's motto is "Learn, Laugh, Live"

Membership of a u3a is open to all in their third age, which is defined not by a particular age but by a period in life in which full-time employment has ceased. Members promote the values of lifelong learning and the positive attributes of belonging to a u3a.

The Third Age Principle

Membership is open to anyone who has stopped working full-time. The term "third age" refers to the period of life after childhood and working adulthood.

The Self-help Learning Principle

Members form interest groups on a variety of topics and activities. Learning is for the sake of enjoyment, and there is no distinction between learners and teachers.

The Mutual Aid Principle

Each u3a is a mutual aid organization that is self-funded by membership subscriptions. No payments are made to members for services rendered.

The u3a is a non-political and non-religious organization that aims to encourage people to continue learning after they are no longer working full-time.

